



**CHILD, HOME
AND
COMMUNITY**
Building a Better Future for Children

2010

Sponsored by:
**NATIONAL PENN
CAPITAL ADVISORS**
Doylestown | Souderton | 215.230.7171

CHC Program Descriptions

Prenatal Childbirth Classes

Focus on Motherhood

A fun childbirth class that prepares pregnant teens, fathers-to-be and families for childbirth. This twelve-week course meets one evening weekly to explore what it takes to get through childbirth and have a healthy baby. The course includes breathing and relaxation, as well as what to expect during labor and delivery. "Focus on Motherhood" eases fears and makes childbirth as comfortable and safe as possible. Focus on Motherhood" is also available in Spanish.

00 Indicates program start dates on calendar. Please call 1-888-215-9770 or visit www.CHCinfo.org for time and location.

Teen Parenting Group

Building the Family

Do your friends treat you differently now that you are parent? Do you feel alone? You're not! Each month moms and dads come together to share their experiences and to support each other through the challenges of being a young parent. "Building the Family" offers help with parenting, relationships, housing, and food, clothing and even school.

00 Indicates program dates on calendar. Please call 1-888-215-9770 or visit www.CHCinfo.org for time and location.

Teen Parent Education Project, School Based Programs and Creative Careers

Are you pregnant or parenting and still in high school? Are you finding it difficult to keep up with your studies and deal with the changes of becoming a parent? Our programs bring together in school moms and dads like yourself to find the resources to cope with your situation while you are going to school. Being a teen parent can be difficult, but it doesn't mean you can't finish school. CHC can give you what you need to succeed at doing both.

Outreach

Teen Parenthood Awareness: Fact & Fiction

"TPAFF" is an in-school program designed to provide an "eye-opening" view of pregnancy and parenting. This dynamic program dispels any romantic illusions of parenthood and motivates teens to prevent untimely pregnancy.

Babysitting Workshop

The Babysitting Workshops are an essential program for the children of working parents and those responsible for the care of other children. The program offers child care and emergency basics. Special programs available for schools, church groups and scouting troops.

Community Resources & Contact Information

Breastfeeding

Family Breastfeeding Association Hotline 215 785-1843
La Leche League Hotline 800 525-3243
Nursing Mothers Advisory Council 215 572-8044

Cash, Food Stamps & Medical Insurance

Medical Assistance, CHIP and Adult Basic www.compass.state.pa.us
Department of Public Assistance
Bristol 800 362-1291
Norristown 610 270-3500
Pottstown 610 327-4280

Child Care Services

www.compass.state.pa.us
Apple CCIS (Bucks) 800 371-2109
Montgomery County CCIS 800 281-1116
N.E. Philadelphia CCIS 215 333-1560

Child Support & Paternity

Domestic Relations Section - Bucks 215 340-8068
Domestic Relations Section - Montco 610 278-3646

Education

Bucks County Community College 215 968-8000

Food

WIC - (for pregnant women and children)
Bensalem, Bucks County 215 244-2674
Doylestown, Bucks County 215 345-3494
Levittown, Bucks County 215 949-5815
Quakertown, Bucks County 215 529-7482
Warminster, Bucks County 215 442-1099
Lansdale, Montgomery County 215 368-9826
Norristown, Montgomery County 610 272-4042
Pottstown, Montgomery County 610 323-8160
Roslyn, Montgomery County 215 887-8006
Philadelphia 215 978-6100
Bucks County Opportunity Council - Food Cupboards (See General Services)

GED, Employment & Training

CareerLink Bucks County 215 781-1060

January

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CareerLink Montgomery County 610 270-3407
IVOC (Indian Valley Opportunity Council) 215 723-5430
Montco. New Choices/New Options 215 619-7390
VITA - GED & Literacy 215 345-8322
YWCA of Bucks County 215 245-0264

General Services

ACLAMO
Norristown 610 277-2570
Pottstown 610 970-2134
Bucks County Opportunity Council
Homeless, food, self-sufficiency
Bristol 215 781-2661
Doylestown 215 345-3295
Quakertown 215 536-0353
Bucks/Montgomery Center for Human Services 215 323-9935
Catholic Social Services
Levittown 215 945-2550
Sellersville 215 453-7098
Montgomery County 610 279-7372
Coordinating Council of Health & Welfare 215 672-9422
FISH - One-time assistance with food, fuel or rent
Doylestown area 215 348-7172
Jenkintown/Horsham 215 885-2234
Lansdale 215 855-8241
Penn Ridge 215 257-7616
Keystone Opportunity Center 215 723-5430
Latino Leadership Alliance of Bucks County
Bristol 215 788-4452
Montgomery Co. CADCOM-Norristown 610 277-6363
Montgomery County Web Site www.Montcopa.org
Philadelphia County General Information 215-686-1776
St. Mary Family Resource Center 215 245-0264
YWCA of Bucks County 215-953-7793

Housing

Blessed Margaret 215 245-8039
Bucks County Housing Authority (Sect. 8) 215 945-6110
Community Housing - Lansdale 215 362-5250
Indian Valley Housing 215 723-8750
Mont. Co. Housing Authority (Section 8) 610 275-5720
Morningstar Ministry 215 723-8103
Open Line 215 679-4112
Valley Youth House 215 442-9760

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Legal Help

Legal Aid of SE PA HELPLINE 877-429-5994
Bucks County Legal Aid
Bristol 215 781-1111
Doylestown 215 340-1818
Montgomery County Legal Aid 610 275-5400

Medical Care

Abington Family Medicine 215 481-2725
Ann Silverman Community Clinic 215 345-2260
BCHIP Adult Health Clinic 215 633-8397
Bucks Co. Health Dept., Doylestown 800 347-6803
Bucks Co. Health Dept., Doylestown 215 345-3318
Bucks Co. Health Dept., Levittown 215 949-5805
Bucks Co. Health Dept., Quakertown 215 529-7000
HealthLink Medical Center 215 364-4247
InfantSee - free infant eye check up 888 396-EYES
Mont. Co. Health Dept., Norristown 610 278-5145
Mont. Co. Health Dept., Pottstown 610 970-5040
Mont. Co. Health Dept., Willow Grove 215 784-5415
Philadelphia County Health Dept
District 10, Cottman Avenue 215 685-0639
St. Mary Children's Health Center 215 245-8873

Parenting

CONNECT - Early Intervention 800 692-7288
CORA - Philadelphia 215 342-7660
Carson Valley Children's Aid 610 279-2755
Norristown Family Center 610 270-0567
Parents As Teachers, Bucks County 215 757-6916
Penna. Family Support Alliance 800 448-4906
Pottstown Family Center 610 718-5372
St. Mary Parenting Center 215 710-5976

Postpartum Depression

Abington Hospital Mental Health Services for Women 215 481-5450
Postpartum Support International 800 944-4773
www.postpartum.net

Health Promotion Wellness

phone support 215 453-4044

Pregnancy Services

Adoptions from the Heart 800 355-5500
Birthright - Hotline 800 550-4900
Choice Hotline 800-848-3367
ChoiceOne 800 497-8378

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CORA - Lifeline Program 215 342-7660
Crossroads Pregnancy Care 215 538-7003
Lakeside Center for Girls 215 654-9207
Pregnancy Resource Clinic of North Penn 215 855-2424
Planned Parenthood Ambler 215 542-8370
Planned Parenthood Bensalem 215 638-0629
Planned Parenthood Bristol 215 785-4591
Planned Parenthood Doylestown 215 348-0555
Planned Parenthood Norristown 610 279-6095
Planned Parenthood Pottstown 610 326-8080
Planned Parenthood Quakertown 215 536-2684
Planned Parenthood Warminster 215 957-7980

Prenatal Clinics

Abington Hospital 215 481-6784
Doylestown Hospital 215 345-2400
Grand View Hospital 215 453-4077
Lower Bucks Hospital Physician Referral 215 785-6311
Mercy Suburban General Hospital 610 278-2088
Montgomery Hospital 610 277-0964
Mother Bachman (St. Mary) 215 245-4334
Pottstown Hospital 610 327-7214

Support and Counseling

A Woman's Place Hotline 800 220-8116
Bucks County Council on Alcohol and Drug Dependency 800 221-6333
CAPE (Child Abuse Prevention Effort) 215 624-1101
Family Service Association
Bristol - Kelly Family Center 215 781-6602
Doylestown 215 345-0550
Langhorne 215 757-6916
Lansdale 215 368-0985
Pottstown 610 326-1610
Quakertown 215 538-1616
Gay & Lesbian Peer Counseling 215 723-TALK
Montgomery County MHMR/Drug & Alcohol 610 278-3642
NOVA (Network of Victims Assistance) 800 675-6900
SHARE (Pregnancy/Infant Loss) 215 481-2700
UNITE (Pregnancy/Infant Loss) 888 48-UNITE
Victims Services of Montgomery County 800 773-2424

Transportation

Bucks County Transport, Inc. 888 795-0740
SEPTA Travel Information 215 580-7800
TransNet (Montgomery County) 215 542-7433

Please call 1-888-215-9770 or visit www.CHCinfo.org for program times and locations throughout Bucks and Montgomery Counties